



香港胸肺基金會  
HONG KONG  
L U N G  
FOUNDATION

Chairman  
Dr. MOK YW Thomas  
主席：莫恩榮

Vice Chairman  
Dr. CHAN Wai Ming  
副主席：陳惠明

Secretary  
Dr. TAM Cheuk Yin  
秘書：譚卓賢

Treasurer  
Dr. YEE KS Wilson  
司庫：易國生

Executive Board Members  
執行董事局會員

(Immediate Past Chairman 上屆主席)  
Dr. CHAN Kin Sang  
陳健生

Dr. CHAN Hok Sum  
陳學深

Dr. CHAN CK Jane  
陳真光

Prof. CHAN MW Moira  
陳慕華

Dr. CHAN Shiu Lun  
陳兆麟

Dr. CHAN WM Johnny  
陳偉文

Dr. CHU Chung Ming  
朱頌明

Dr. HO Chung Man  
何重文

Prof. HUI SC David  
許樹昌

Dr. KO WS Fanny  
古惠珊

Prof. IP SM Mary  
葉秀文

Dr. LAI KW Christopher  
賴奇偉

Prof. LAM Wah Kit  
林華杰

Dr. LAU Chun Wing  
劉俊穎

Dr. PANG CK Joseph  
彭志剛

Dr. SO Shun Yang  
蘇淳養

Dr. TAM Cheuk Ming  
譚卓明

Dr. TSANG WT Kenneth  
曾華德

Dr. TSE Pak Yiu  
謝伯耀

Dr. WONG ML Maureen  
黃慕蓮

Dr. WONG Poon Chuen  
黃泮鈺

Dr. YAM YC Loretta  
任燕珍

Dr. YU Wai Cho  
余衛祖

Dr. YU YC Donald  
余宇超

Hon. Legal Advisor  
Mr. Woody WY Chang  
名譽法律顧問：張華恩

Hon. Auditor  
Chu & Chu, CPA  
名譽會計師：朱永昌、朱國正  
會計師事務所

## Speech at Presentation of the HKLF Dr Tse Yuen Man Memorial Scholarship

Dear Principal Mr Lee, Teachers, Friends and Students of TWGHs Mrs Wu York Yu Memorial College,

It is a great honour for me to present the Hong Kong Lung Foundation Dr. Tse Yuen Man Memorial Scholarship today. The topic of the essay competition this year is "Exercise and Lung Health". I would like to congratulate Ms Kwan Hau Tung, Kimberly (關巧通) for winning the prize. Her winning article vividly described the benefits of exercise in relation to health and a wide range of lung diseases. I think the message is clear. Exercise is good for healthy lungs as well as for lungs with many respiratory diseases. Exercise might not exactly cure the lung disease, but with proper physical training, many patients with lung diseases enjoyed life with much better quality. Many lung diseases, if properly taken care of, should not be obstacles to exercise. For that, I would quote the example of Asthma, and probably you have heard of many world class athletes who are actually asthmatics.

It is understandable that the secondary school curriculum is much more hectic nowadays than what it was when I was a secondary school student. Even so, it should be worthwhile to set aside some time for exercise, which you could enjoy for the rest of your life. Say, for myself, I went hiking along country trails with my classmates in my secondary school days. Although I have never been a very competent hiker till now, I still enjoy hiking in the countryside, and being amazed by the very beautiful sceneries of Hong Kong.

The Hong Kong Lung Foundation is an organization formed by respiratory professionals of Hong Kong, with the aim to promote lung health both within the medical community as well as to the public. At present, I am the Vice-Chairman of it. I am also Chief of Service of the Adult Intensive Care Unit, Queen Mary Hospital, Hong Kong. The other identity that I seldom use to introduce myself is that I am a graduate of the TWGHs Lee Chi Ho Primary School. This means that I am a distantly related, senior Alumnus of many of you here. However, this also means that I am also a distantly related senior Alumnus of the deceased Dr Tse Yuen Man. I learnt about this years after she passed away, and this reminded me the sorrow of the loss of a very kind, committed physician and a younger Alumnus.

Everyone has a different experience while growing up. It is difficult to quantify the impact of secondary school education on your future development. Looking back at myself, it seems undeniable that my secondary school education did shape my characters. Nowadays when I encounter difficult situations, I will pursuit for numerical accuracy, persevere in adverse conditions and analyze problems from different angles, like what I did when I was studying Additional Mathematics.

Our secondary school is the soil where we grow. I think all of you are being nurtured in a very rich soil, which has brought up Dr Tse Yuen Man, with very distinguished



香港胸肺基金會  
HONG KONG  
L U N G  
FOUNDATION

characters. I sincerely expect that you will keep up with the spirits of Dr Tse, and grow up to become the role models of Hong Kong in various fields.

Thank you.

Dr CHAN Wai Ming

Vice-Chairman, Hong Kong Lung Foundation

17 October 2012

Chairman  
Dr. MOK YW Thomas  
主席：莫恩榮

Vice Chairman  
Dr. CHAN Wai Ming  
副主席：陳惠明

Secretary  
Dr. TAM Cheuk Yin  
秘書：譚卓賢

Treasurer  
Dr. YEE KS Wilson  
司庫：易國生

Executive Board Members  
執行董事局會員

(Immediate Past Chairman 上屆主席)  
Dr. CHAN Kin Sang  
陳健生

Dr. CHAN Hok Sum  
陳學深

Dr. CHAN CK Jane  
陳真光

Prof. CHAN MW Moira  
陳慕華

Dr. CHAN Shiu Lun  
陳兆麟

Dr. CHAN WM Johnny  
陳偉文

Dr. CHU Chung Ming  
朱頌明

Dr. HO Chung Man  
何重文

Prof. HUI SC David  
許樹昌

Dr. KO WS Fanny  
古惠珊

Prof. IP SM Mary  
葉秀文

Dr. LAI KW Christopher  
賴奇偉

Prof. LAM Wah Kit  
林華杰

Dr. LAU Chun Wing  
劉俊穎

Dr. PANG CK Joseph  
彭志剛

Dr. SO Shun Yang  
蘇淳養

Dr. TAM Cheuk Ming  
譚卓明

Dr. TSANG WT Kenneth  
曾華德

Dr. TSE Pak Yiu  
謝伯耀

Dr. WONG ML Maureen  
黃慕蓮

Dr. WONG Poon Chuen  
黃泮鈺

Dr. YAM YC Loretta  
任燕珍

Dr. YU Wai Cho  
余衛祖

Dr. YU YC Donald  
余宇超

Hon. Legal Advisor  
Mr. Woody WY Chang  
名譽法律顧問：張華恩

Hon. Auditor  
Chu & Chu, CPA  
名譽會計師：朱永昌, 朱國正  
會計師事務所